

# Behavior Support Plan Adherence Review Instrument (BSPARI)

## **Scoring Instructions Guide & Feedback Process**

<u>Background:</u> DBHDS will evaluate the adherence of behavior treatment plans (henceforth referred to as "behavior support plans" or "BSP") developed under the therapeutic consultation waiver service to the DBHDS/DMAS Practice Guidelines for Behavior Support Plans, as required by compliance indicators 7.20 and 29.21, Settlement Agreement provisions III.C.6.a.i-iii and V.B. As such, DBHDS has created the Behavior Support Plan Adherence Review Instrument (BSPARI) to capture the minimum BSP content areas and minimum elements for those BSP content areas as outlined in the <u>DBHDS/DMAS Practice Guidelines for Behavior Support Plans</u> (henceforth referred to as the "Practice Guidelines"). The BSPARI itself is contained on a separate Microsoft Excel document and be accessed by visiting the following website: <a href="https://dbhds.virginia.gov/developmental-services/behavioral-services/">https://dbhds.virginia.gov/developmental-services/behavioral-services/</a>

<u>Contents:</u> This document contains the following: 1) information on weighted scoring and a basic outline of the Scoring Instructions Guide (pgs. 1-2); 2) the Scoring Instructions Guide with scoring logic for each content area and definitions for each element (pgs. 3-15); 3) the review, scoring, training, interscorer reliability, feedback, and revision processes (pg. 15-17); 4) information on future updates to the BSPARI (pg. 17); and 5) other resources and literature on quality assurance in FBA and BSP (pg. 18).

Weighted scoring and outline of Scoring Instructions Guide: There are 13 total BSP content areas included on the BSPARI. Please note, some elements on the BSPARI are not included in the scoring logic or are only included in scoring based on presence of specific information in the plan (e.g., some elements of Safety & Crisis Guidelines are required only if restrictive procedures are included in the plan itself). A weighted scoring system is utilized to determine adherence of each minimum BSP content area and related minimum elements to the Practice Guidelines, and a behavior support plan (with FBA, graphs, and training documentation) is deemed to be adequate in its adherence if it scores at least 34 out of 40 points. DBHDS believes that all elements of the updated regulations for therapeutic behavioral consultation services and the associated Practice Guidelines are important, but also acknowledges that some BSP elements may be more critical to the success of the behavior plan and overall programming than others. With that noted, DBHDS has worked to align the conceptualization of a weighted scoring system in consideration of professional literature available on the topic of critical behavior support plan elements (see page 18, as well as the "Resources" tab of the BSPARI).

The "Scoring Instructions Guide" (see page 3) is broken down into three columns, consisting of the following: 1) the first column outlines the required minimum BSP content areas from the regulations and associated minimum required elements from the Practice Guidelines; 2) the second column offers the scoring instructions criteria for each element; and 3) the third column provides scoring logic and possible permutations for the content area. In the first column ("Minimum BSP content areas..."), there are several minimum elements that are italicized to indicate that these are noted in the Practice Guidelines as "if applicable", "if known", or may only be included in the scoring logic based on presence of other information in the plan (e.g., restrictive procedure such as restraint). The areas noted in the Practice Guidelines as "if applicable" or "if known" are important for clinicians to include if the information is indeed applicable or known; however, the BSPARI does not factor these areas into the weighted scoring system as they may not be applicable for every individual. It also may not be possible for DBHDS reviewers to determine if the clinician has knowledge of this information or if the information is indeed applicable. For example, based on review of a behavior support plan and associated documentation submitted, it may not be possible for a DBHDS reviewer to determine if the authoring clinician had knowledge of the history of previous behavioral services and their impact on behavior.

# **Scoring Instructions Guide**

Content area & minimum required elements from regulations and/or Practice Guidelines	Scoring instructions criteria for element (Note: unless otherwise indicated, an X constitutes absence of what is listed as criteria for a \( \dagger)	Weighted scoring logic for content area
Content area: Demographics		
Individual's name	V = Individual's first name (or preferred name) and last name are included	1 point = Minimally includes individual's name, medical/behavioral health diagnostic
DOB (or age)	V = Individual's DOB and/or age are included	information, legal status, date of initial plan &
Gender identification	√ = Gender identification is noted via pronouns or specifically stated.	revisions (and nature of revisions), & authoring
Medical/behavioral health diagnostic information	√ = One or more medical/behavioral health diagnosis is included.	clinician's name/credentials/contact info <b>0 points</b> = is missing any of the following:
Current living situation & location where BSP is being implemented	V = The individual's home is named, described, or address provided. If the BSP is being implemented in a place that is not the individual's home, documentation includes a name, description, or address of that location or locations.	individual's name, medical/behavioral health diagnostic information, legal status, date of initial plan & revisions (and nature of revisions), & authoring clinician's name/credentials/contact
Medicaid ID	√ = The individual's Medicaid ID number is included	info
Medications (if known)  Legal status	<ul> <li>V = Medications are included in and/or information is provided regarding where this information can be found (e.g., MAR).</li> <li>V = Information is provided regarding who has the legal responsibility to make the individual's decisions. This may be the person receiving services or another individual such as a guardian.</li> </ul>	Note: Demographic information may be located in other documentation and not on the BSP itself (e.g., in WaMS, plan for supports, part V, etc.)
Date of initial plan and revisions (and nature of revisions)  Authoring clinician's name/credentials/contact information	<ul> <li>V = The first date of the behavior support plan or assessment is listed; if applicable, dates of revisions are listed, and information is provided in the BSP about the revision(s). Revision information may also be garnered from graphical displays.</li> <li>V = The name of the clinician overseeing the plan is listed, their credential(s) is listed, and contact information (e.g., phone, fax, email, physical address, and/or website with contact information) is provided.</li> </ul>	

Content area: History & Ration	nale	
Current and/or relevant historical info about this person and their life	V = Current and/or historical information about the person and their life is provided	2 points = Includes current and/or relevant historical information of person and their life;
The reason, rationale for BSP/necessity for intervention	v = The reason, rationale, necessity for behavioral intervention is listed	includes the reason, rationale for the BSP/necessity for intervention, includes
Dangerous behavior: topographies, intensities, risks and/or negative outcomes	v = The topography, intensity, risks associated with/and or negative outcomes is provided for at least one challenging behavior in the plan	information on dangerous behaviors (topographies, intensities, risks, and/or negative outcomes); and includes the risks and benefits
Risk and benefits related to prescribed behavioral programming	<ul> <li>V = A risk benefit statement, risk benefit analysis, and/or signed attestation that risks/benefits have been reviewed with the person who is consenting to the plan is listed</li> </ul>	related to prescribed behavioral programming  1 point = Minimally includes current and/or relevant history of person and their life, rationale for BSP, and dangerous behavior(s) (e.g., topographies, intensities, risks, and/or negative outcomes)  0 points = Is missing any one of these elements: history or person and their life, rationale for BSP, and/or dangerous behavior(s) (e.g., topographies, intensities, risks, and/or negative outcomes)
Known history of previous services and impact on behavior	$\forall$ = Information on previous service(s) relevant to behavior is included, along with impact on behavior or outcome of service(s). If not provided, "unknown" or other similar indication is provided about this history	
Trauma history	√ = Includes description(s) of an event, series of events, or set of circumstances experienced by the individual that is physically or emotionally harmful or life threatening. Or, trauma history/considerations are noted as "unknown", "not applicable" or other similar indication is provided that indicates this information is not available or relevant to this person.	
Content area: Person-Centered	d Information	
Individual's communication modality	V = Includes information about how the person communicates with others	<b>3 points</b> = All minimum elements are addressed, with what activities are enjoyed and sought by
Routines/current schedule	<ul> <li>V = Includes information on the person's schedule and/or routines</li> <li>V = Includes information about how the individual (and guardian, if</li> </ul>	the individual and preference assessment being interchangeable at this time
Individual and guardian's participation	guardian is required to consent to plan), participated in assessment and/or plan development	<b>2 points</b> = Minimally includes each of the following: communication modality, preference
	$\forall$ = Includes information about stimuli that are known to be or hypothesized to be preferred/enjoyed by the individual (e.g., stimuli that	assessment and/or what activities are enjoyed and sought out by the individual,
What activities are enjoyed and sought by the individual	may function as reinforcement). May not necessarily include the specific methods used (e.g., preference assessment) to determine these stimuli.	routines/schedule, and individual & guardian's participation

Preference assessment information/results Individual's strengths and positive contributions  Particular aversions/dislikes  Who in the individual's life is especially preferred	<ul> <li>V = Includes information about both the type and results of preference assessment(s) conducted to determine what may function as reinforcement for the individual</li> <li>V = Includes information about what the person is good at, and/or behaviors the person engages in that are valued by others.</li> <li>V = Includes information about what the person does not like or may not like/find to be aversive, unpleasant, noxious</li> <li>V = Notes who in the person's life is preferred by the person and/or who the person enjoys being with. If this is not applicable to the person, notes that the person does not have preferred people in their life</li> <li>V = Includes information about race, socioeconomic class, religion, sexual orientation, ethnicity, nationality, and geographic context (beyond the address of where services are occurring). Or, cultural/heritage considerations are noted as "unknown", "not applicable" or other similar indication is provided that indicates this information is not available or</li> </ul>	1 point = Minimally includes each of the following: communication modality, preference assessment and/or what activities are enjoyed and sought by the individual, and routines/schedule  0 points = Section is not present, or is missing any of the following items: communication modality, preference assessment and/or what activities are enjoyed and sought by the individual, and routines/schedule
considerations	relevant to this person.	
Content area: Functional Beha		
The FBA methods include descriptive assessment and/or functional analysis (f.a) The FBA methods used are described	<ul> <li>V = Descriptive assessment and/or functional analysis methods were used in the FBA, conducted, or overseen by a qualified clinician</li> <li>V = The method(s) for FBA are listed</li> </ul>	8 points = Uses descriptive or functional analysis (f.a) methods, and all additional required 7 elements present 7 points = Uses descriptive or f.a. methods, and 6 out of 7 additional required elements present
FBA conducted in location where services are occurring  Setting events/motivating operations  Antecedents	<ul> <li>V = The location of where the FBA was conducted is the same for at least 1 setting for where services are occurring</li> <li>V = Setting event(s)/motivating operation(s) are generally listed or listed specifically for at least 1 behavior targeted for decrease. May be noted specifically as "setting events" or the omnibus term "motivating operations" (or EOs/AOs) or may be counted as present if unconditioned motivating operations are listed as antecedents.</li> <li>V = The antecedents to challenging behavior are generally listed, or specifically listed for at least 1 behavior targeted for decrease</li> </ul>	6 points = Uses descriptive or f.a. methods, and 5 out of 7 additional required elements present 5 points = Uses descriptive or f.a. methods and 4 out of 7 additional required elements present 4 points = Uses descriptive or f.a. methods and 3 out of 7 additional required elements present 3 points = Uses descriptive or f.a. methods and 2 out of 7 additional required elements present

Consequences	V = The maintaining consequence(s) to challenging behavior are generally listed, or specifically listed for at least 1 behavior targeted for decrease	<ul> <li>2 points = Uses descriptive or f.a. methods and 1 out of 7 additional required elements present</li> <li>1 point = Only indirect assessment methods</li> </ul>
Data results and/or graphical displays	V = A graph or raw data are provided from at least one method from the FBA, and/or baseline data are provided	used, and contains at least 1 of the other required elements
FBA is current (since most recent shared planning meeting or statement of recent validity of function)	V = The FBA is no more than 1 year older than the date of the ISP, or there is a statement that indicates validity of the FBA that is more than 1 year old	O points = FBA content section absent, or FBA does not consist of any accepted FBA tools/methods
Non-operant conditions that influence behavior	V = Includes information about genetic abnormalities, medical conditions, and/or psychiatric or neurological dysfunctions specifically as contributors to challenging behavior (e.g., Prader-Willi, polydipsia, epilepsy). Additionally, respondents explicitly labeled as related to challenging behavior are included. Or, non-operant conditions are noted as "unknown", "not applicable" or other similar indication is provided that indicates this information is not available or relevant to this person.	
Content area: Hypothesized Fu		
Hypothesized functions listed	V = For all behaviors targeted for decrease in the BSP, hypothesized function(s) listed	<pre>2 points = All minimum elements addressed for all behaviors 1 point = Functions match to typical operant functions, but one or more behaviors that are targeted for decrease in the BSP do not have a corresponding function (i.e., the function is not listed and/or the behavior was not assessed in the FBA process but has associated interventions in the BSP) 0 points = Functions are listed for some or all behaviors, but one or more of the functions applied is not an accepted function of behavior (e.g., "anger", "revenge"); OR functions are not</pre>
Functions match to accepted operant functions	V = For all behaviors with a hypothesized function, the hypothesized functions are accepted operant functions	listed for any behaviors, content area absent.

Content area: Behaviors targeted for decrease		
_	V = Provides a name for each behavior targeted for decrease (e.g.,	<b>3 points =</b> lists behaviors targeted for decrease,
	Aggression, Property Destruction).	has operational definition for each behavior, has
Lists each behavior targeted for	X = There are no names listed for behaviors targeted for decrease, or	a method of measurement for each behavior,
decrease	there are no behaviors targeted for decrease in the BSP.	and has examples and/or non-examples for
	V = For each behavior targeted for decrease, an operational definition is	some or all behaviors
Operational definition	included.	<b>2 points</b> = lists behaviors targeted for decrease,
	V = For each behavior targeted for decrease, a method of measurement	has operational definition for each behavior, has
	is included. If not explicitly listed in the section of the BSP with	a method of measurement for each behavior,
	behaviors for decrease, the method of measurement is included on the	but does not utilize any example and/or non-
Method of measurement	graph(s) for each behavior targeted for decrease.	example descriptions in any behavioral
		definitions
		1 point = lists behaviors targeted for decrease
		and has operational definition for each behavior.
		Lacks measurement method. May or may not
		utilize any example or non-example descriptions
		in any behavioral definitions. OR, lists behaviors
		targeted for decrease and has operational
		definition for each behavior, but not all
		behaviors that have associated strategies in the
		BSP are defined (may or may not also contain a
		system of measurement and/or example or non-
		example descriptions for behavior definitions
		that are listed).
		<b>0 points</b> = Only lists target behaviors and/or list
		target behaviors and definitions, but definitions
		are not objective and/or lack specificity. May or
		may not have measurement or examples/non-
Inclusion in definition of	V = At least one behavioral definition for behaviors targeted for decrease	examples. OR, no behaviors listed, content area
examples and/or non-examples	includes an example and/or a non-example	absent.
Content area: Behaviors targeted for increase		
Lists each behavior targeted for	V = Provides a name for each behavior targeted for increase (e.g., Mands	<b>3 points</b> = lists behaviors targeted for increase,
increase	for attention, Request break).	has operational definition for each behavior, has

Operational definition	√ = For each behavior targeted for increase, an operational definition is included.	a method of measurement for each behavior, and has examples and/or non-examples for
	V = For each behavior targeted for increase, a method of measurement is	some behaviors
	included. If not explicitly listed in the section of the BSP with behaviors	<b>2 points</b> = lists behaviors targeted for increase,
	for increase, the method of measurement is included on the graph(s) for	has operational definition for each behavior, has
Method of measurement	each behavior targeted for increase.	a method of measurement for each behavior,
		but does not utilize any example and/or non-
		example descriptions in any behavioral
		definitions
		<b>1 point</b> = lists behaviors targeted for increase and has operational definition for each behavior.
		Lacks measurement method. May or may not
		utilize any example or non-example descriptions
		in any behavioral definitions.
		<b>0 points</b> = Only lists behaviors and/or list
		behaviors and definitions, but definitions are not
		objective and/or lack specificity. May or may
		not have measurement or examples/non-
Inclusion in definition of	V = At least one behavioral definition for behaviors targeted for increase	examples. OR, no behaviors listed, content area
examples and/or non-examples	includes an example and/or a non-example	absent.
Content area: Antecedent Inte		
	V = Includes information about how to set up the environment to	4 points = All minimum elements addressed
	promote at least 1 functionally equivalent replacement behavior (or	<b>3 points</b> = Includes 3 of 4 minimum elements
	desirable behavior) that is targeted for acquisition in the plan. May	<b>2 points</b> = Includes 2 of 4 minimum elements
Tactics promote environment in	itemize how to set up the environment to foster FERB (and/or desirable	1 point = Includes 1 of 4 minimum elements
which FERB (and/or desirable	behavior) for each behavior targeted for increase, or may have general	<b>0 points</b> = Section not addressed or missing all 4
behavior) acquisition will occur	information not specifically tied to each behavior targeted for increase	elements
	$\forall$ = The plan provides information about how to abate challenging behavior for at least one setting event/MO as outlined in the FBA. Or, if	
	this information was not listed in the FBA, the plan includes information	
Tactics that address setting	about how to abate challenging behavior based on the hypothesized	
events and/or MOs	function(s) listed in the FBA for at least one behavioral function.	

Tactics/de-escalation strategies		
that address immediate	V = The plan provides at least one tactic/strategy that addresses at least	
antecedents and/or precursors	one immediate antecedent (or precursor) as listed from the FBA	
	V = The plan provides information about stimuli that should be present	
Strategies that describe stimuli	or should not be present as an antecedent modification to reduce the	
that should or should not be	likelihood that challenging behavior will occur, or to increase the	
present	likelihood that desirable behavior will occur	
Content area: Consequence Int	terventions	
Tactics incorporate a function-		4 points = All minimum elements addressed
based treatment approach for	V = As derived from the FBA, a function-based treatment is incorporated	<b>3 points =</b> Includes 3 of 4 minimum elements
challenging behavior	for at least 1 challenging behavior	<b>2 points</b> = Includes 2 of 4 minimum elements
Tactics use the least-restrictive	√ = No restrictions, restraint, exclusionary time out, or programmed	1 point = Includes 1 of 4 minimum elements
approach for challenging	punishment are in the plan. If these are present, rationale is provided	<b>0 points</b> = Section not addressed or missing all 4
behavior	that outlines the necessity of such approaches	elements
	√ = Reinforcers for challenging behavior as outlined in the FBA are not	
	provided contingent on challenging behavior. If the reinforcer is	
Tactics minimize reinforcement	provided, it is clear why it is provided (e.g., reinforcement of precursor	
for challenging behavior(s)	behavior)	
Inclusion of	·	
preferences/reinforcers,		
schedule of Sr+/-, and/or	v = Schedule of reinforcement is included for at least 1 desirable	
expectations for learning	behavior, or preferences/reinforcers are programmed in to promote	
environment/materials/teaching	desired behavior, or information about setting up learning	
conditions to increase desired	environment/materials/teaching conditions to increase desired behavior	
behavior	is included	
Content area: Safety & Crisis G	Guidelines	
,	v = Safety gear is noted in the plan, which may include but is not limited	1 point = Describes supports needed to ensure
	to protective gear, equipment used in vehicles or in the community to	safety of person and others. If restraint and/or
	ensure safety of person and others, and/or phones/GPS locators. Or, the	time out are included, includes restraint/time
	plan notes that this is not applicable or other similar wording that	out criteria (or refers to provider policies and
	indicates that there is no equipment that supporters need to ensure	procedures) and debriefing procedures.
	safety of the person and others. The reviewer does not make a	<b>0 points</b> = No information is included anywhere
Safety gear outlined	judgement on the necessity of safety gear in scoring.	in the plan about how to ensure the safety of
	, , , , ,	Dags 0 of 10

	X = There is no safety gear included in the plan, or there is no wording in	the person and others, and/or restraint and/or
	the plan that indicates safety gear is not applicable. The reviewer does	time out are included in the plan but debriefing
	not make a judgement on the necessity of safety gear in scoring.	procedures and/or criteria for release (or
	v = Includes information about an individualized crisis/safety protocol for	reference of provider policy and procedures) are
	this person (or where to obtain the protocol). Or, includes specific crisis	missing.
	protocol/training program that supporters are trained in. Or, indicates	-
	that this not applicable or other similar wording that indicates that there	
	is no crisis protocol specific to this person or not specific crisis	
	protocol/training program that supporters are trained in. The reviewer	
	does not make a judgement on the necessity of crisis protocol in scoring.	
	X = There is no information in the plan about individualized crisis/safety	
	protocol for this person, no information about a crisis protocol/training	
	program supporters are trained in, or no indication that this is not	
Crisis protocol or where to	applicable to this person. The reviewer does not make a judgement on	
obtain the protocol	the necessity of crisis protocol in scoring.	
	V = Includes information about how to ensure safety of person and	
	others when challenging behavior occurs for at least one challenging	
	behavior. If an individualized crisis/safety protocol is included for this	
	person (or information about where to obtain the protocol is provided),	
	score a V. Or, indicates that this is not applicable to this person or other	
	similar wording that indicates there is no support needed to ensure the	
	safety of the person and others.	
	X = There is no information in the plan about supports needed to ensure	
	safety of person and others. If "crisis protocol or where to obtain the	
Describes supports needed to	protocol" is scored as X, this is also scored as X. The reviewer does not	
ensure safety of person and	make a judgement on the supports needed to ensure safety of person or	
others	others.	
	V = If restraint or time out is included as defined in 12VAC35-115-110,	
	notes debriefing procedures.	
	X = Restraint or time out is included as defined in 12VAC35-115-110 and	
If restraint or time out is	there is no information about debriefing afterward.	
included, notes debriefing	N/A = There is no restraint or time out as defined in 12VAC35-115-110	
procedures	included in the BSP.	

	/ If a daylet a discount is test at the day defined in 42 VA C25 445 440	
	V = If restraint or time out is included as defined in 12VAC35-115-110,	
	provides information about criteria for release or refers to provider's	
	policies and procedures.	
	X = Restraint or time out is included as defined in 12VAC35-115-110 and	
If restraint or time out is	there is no information about criteria for release or reference to	
included, notes criteria for	provider's policies and procedures.	
release or refers to provider	N/A = There is no restraint or time out as defined in 12VAC35-115-110	
policy and procedures	included in the BSP.	
Content area: Plan for training		
Outlines a plan for training staff,		3 points = All minimum elements addressed
family, or other supporters that		<b>2 points =</b> Has 2 out of 3 elements, one of which
notes clinician obtaining and	V = A training plan for supporters is included. Information is also	must be use of BST type approach to training
reviewing data	provided about the clinician obtaining data for review.	1 point = Has at least 1 element present, but
	√ = Plan specifically notes behavior skills training approach to training, or	lacks a BST type approach to training
Plan incorporates a BST	includes information about training approach that includes the four core	<b>0 points</b> = Section not addressed, and/or section
approach	tenets of BST (instruction, modeling, rehearsal, feedback)	is not specific enough to determine the plan for
		training. Training record may or may not be
Training record (or plan for	V = If the plan is in "annual" status, there is evidence that training has	present (based on authorization type)
training based on authorization	been completed (e.g. session note, training sign in/out log, dates of	Note: If the authorization type is a secondary
type) is available in WaMS	training and topic, etc.). If the plan is in secondary status, a V is provided	authorization and training has not yet occurred, score
related to recent review period	if a plan for training is also scored as a V	this section as if training record is present
Content area: Appropriate sign	natures	
Plan is signed by individual or	$\lor$ = Plan is signed by the person that has the legal authority to consent to	1 point = Minimally, the plan is signed and dated
legal guardian	the plan	by the person that has the legal authority to
Signature for consent includes		consent to the plan.
date	√ = The signature for consent is dated	<b>0 points =</b> Section missing entirely, or BSP is not
	√ = The contact information for the person who has the legal authority	signed and dated by person that has legal
Contact information for	consent to the plan is included (e.g., phone number, email, physical	authority to consent to the plan. Zero points
guardian or individual is present	address)	will be provided if a restrictive procedure is
If a restrictive component is	√ = A restriction is present as outlined in 12VAC35-115-100 and	included but the signature and date by the
included, updated consent is	12VAC35-115-110 and the signed consent is dated within 45 days, prior	individual (or their decision maker) does not
included and coincides with	or after, the date of the restriction commencing. If a restriction is	coincide within 45 days prior or after the date of
when restriction began	present and date of restriction commencing is not included, signed	the current BSP.

	consent is dated within 45 days, prior or after, the date of the current BSP.	Note: contact information or guardian or individual may be included in other documentation outside of
	X = A restriction is present as outlined in 12VAC35-115-100 and	the BSP (e.g., in ISP, WaMS, plan for supports, part V,
	12VAC35-115-110 and there is no signed consent. Or, a restriction is	etc.)
	present, but the signed consent is more than 45 days, prior or after, the	
	date of the restriction commencing.	
	N/A = No restrictions present as outlined in 12VAC35-115-100 and	
	12VAC35-115-110	
Content area: Graphical Displo	ıys & Analysis	
	√√ = Every behavior targeted for decrease and increase is present on a	<b>5 points</b> = All elements addressed for each
	graph. Must include behaviors for increase and decrease, even if only	target behavior (decrease & increase), graphs
Visual display (e.g., graphs) for	behaviors for decrease are formally targeted.	have entirety of review period, or if some data
each behavior targeted in the	V = Only some behaviors are present on a graph. E.g., only some of the	are absent, has acceptable explanation as to
BSP, to include behaviors for	behaviors targeted for decrease are included.	why any data are missing is included (either in
decrease and increase	X = There are no graphs present	summary on graphs)
	$\sqrt{V}$ = For the graphs that are present, there is a summary statement that	4 points = Graphs present for all behaviors
	provides information about progress for each behavior displayed.	(decrease and increase). Visual analysis
	$\sqrt{1}$ = For the graphs that are present, there is a summary statement for	indicators present to indicate decision making
	some but not all behaviors. Or, for the graphs that are present, some of	occurring (based on behavior trends and/or
	the summary statements provide information about progress and others	dates of plan revisions) for at least 1 graph but
	do not.	may be missing from others. Summary
	X = There is no summary statement for any of the graphs that are	statement is present for at least one graph but
Summary statement present for	present, or what is provided as a summary statement does not provide	may be missing from others. Graphs may be
each graph	any information about progress.	missing some data from the review period, but
	√√ = For the graphs that are present, visual indicators (e.g., change line,	has explanation as to why (either in summary or
	arrow, etc.) are present on each graph. Or, if there have not been any	on graphs)
	changes to the plan or other updates in documentation that should be	<b>3 points</b> = Graphs are present for some
	captured on the graphs, and if the trends/levels indicate desired	behaviors but missing a graph for one or more
Graphs have indicators that	responding for all graphs, select VV	behaviors. For the graphs present, there is a
demonstrate decision making	v = For the graphs that are present, visual indicators (e.g., change line,	summary statement present for each, and visual
and/or analysis is occurring	arrow, etc.) are present on some but not all graphs. Or, if there have not	analysis indicators present to indicate decision
(based on behavior trends	been changes to the plan or other updates in documentation that should	making is occurring (based on behavior trends
(Dased off Deflavior treffus	been changes to the plan of other appates in documentation that should	making is occurring (basea on benavior cremas

	and and the formation but not all another colored	should of some data assemble assistance in the solution of
ı	responding for some but not all graphs, select V	absent of some data over the review period and
	X = There are no visual indicators on graphs and changes may be	but has explanation as to why (either in
	warranted based on reviewer's visual analysis of	summary or on graphs). OR, score as a 3 if
	trends/levels/variability, or if changes/updates were made and are not	graphs are present for all behaviors and any of
	captured on any of the graphs. Or, there are no graphs.	the follow scenarios occur: a) summary
	V = For the graphs that are present, all data is included. Or, some data	statement is present for at least one graph but
	are missing from the graphs that are present, but there is an adequate	missing from others; visual analysis indicators
	reason provided in the documentation (e.g., person hospitalized)	are missing on all graphs; all data is present for
Graphs represent entire	X = For the graphs that are present, there are gaps in data/missing data	all graphs, or some data are missing and an
necessary review period (if any	and there not a reason or an inadequate reason provided as to why (e.g.,	explanation is provided; b) summary statement
data absent, indication as to	behavior analyst lost the data is an inadequate reason). Or, there are no	is present for at least one graph but missing
reason why is included)	graphs.	from others; visual analysis indicators are
		present on all or some graphs; some data are
		missing but there is no explanation as to why; c)
		summary statements are present for all graphs,
		visual analysis indicators are present on at least
		1 graph, but data are missing with no
		explanation as to why, or d) graphs are present
		for all behaviors and summary statement is
		present for all graphs, but visual analysis
		indicators are missing and data is missing
		without an explanation as to why.
		2 points = Graphs are present for some
		behaviors but missing a graph for one or more
		behaviors. For the graphs present, at least 1 of
	$\forall$ = If restraint or time out is included as outlined in 12VAC35-115-110,	the following items are included for each of the
	graphs contain at least monthly data. Or, if any data are missing, an	graph(s) present: summary statement or visual
	adequate reason is provided in the documentation.	analysis indicators (based on behavior trends
	X = Restraint or time out is included as outlined in 12VAC35-115-110 and	and/or dates of plan revisions). Data may be
	graphs are missing data for one or more months, without an adequate	inclusive of entire review period or there may be
Graphs demonstrate that data	reason as to why provided in the documentation.	some data missing; if data are missing on any
review is occurring monthly if	N/A = There is no restraint or time out included as outlined in 12VAC35-	graph, there is an explanation as to why. OR,
restraint or time out is included	115-110	score as a 2 if graphs are present for all
restraint of time out is included	113-110	score as a 2 ii grapiis are present ioi all

behaviors, but summary statement is only present for some graphs, and visual analysis indicators are missing, and data is missing without an explanation as to why. **1 point =** Graphs are present for some behaviors but missing a graph for one or more behaviors. For the graph(s) present, score as a 1 if any of the graph(s) do not contain a summary statement and/or visual indicators (based on behavior trends and/or dates of plan revisions) AND some data are missing with no explanation as to why. OR, score as a 1 if for the graph(s) present if summary information and/or visual analysis indicators are present, but there is some data missing and there is no explanation as to why. OR, score as a 1 if all graphs are present, but all the following are missing: summary statements, visual indicators (based on behavior trends and/or dates of plan revisions), and data is missing (with no explanation as to why). **0 points =** No graphs present at all, and/or only raw data sheets provided, and/or section is not addressed at all. If restraint or time out is included in the plan and the graphs (or other documentation) reveal that data review is <u>not</u> occurring at least monthly as required, an automatic 0 score is applied regardless of the presence or absence of other elements. Note: as it relates to absence of visual analysis indicators on graphical display, if there is no evidence that there has been a plan revision, DBHDS reviewer

will decide based on data trends if it appears that a plan revision should have occurred and will score accordingly. Should this occur, this can be discussed with the clinician during the feedback process. Note for reviewing "Graphical Displays and Analysis" section in a secondary authorization period: If graphical displays are present, evaluate the graphs based on what is available as well as any written information provided by the clinician about the presence or absence of data. If graphs are not yet available, provide a score based on the how behaviors targeted for decrease as well as increase are named, defined, and have a method for measurement. For example, if no graphs are yet available, but behaviors for increase and decrease are named, operationally defined, and set up for measurement, provide 5 points. If no graphs are yet available, but only behaviors for decrease are named, defined, and set up for measurement, provide 3 points.

# Reviews, Training, Interscorer Reliability, and Feedback

#### Reviews and automated scoring

Each DBHDS reviewer is a Board Certified Behavior Analyst® and is licensed to practice behavior analysis in accordance with the laws of the Commonwealth of Virginia. We suggest that reviewers outside of DBHDS that use the tool are qualified/credentialed/licensed in accordance with applicable state laws or regulations. The DBHDS team that created the BSPARI has 30 years of combined experience in the assessment and treatment of challenging behavior. Annually, DBHDS reviewers obtain a randomized sample of behavior support plans and associated documentation across providers of therapeutic behavioral consultation. The sample is determined by a statistician at DBHDS and ensures a 90% confidence level to identify behavior programs to review across providers of therapeutic behavioral consultation, derived from the previous years' service authorization data. The reviewers will then utilize the BSPARI in review of behavior support plans and associated documentation that is provided in WaMS by the clinician (e.g., part V/plan for supports, FBA, BSP, graphs, session notes, training information, etc.) and determine if the required elements are present (and adequate), not present (or inadequate), or in some cases not applicable.

The BSPARI has automated scoring logic internally embedded that calculates scores for each BSP content area section, as well as the total overall score, to align with the Scoring Instructions Guide methodology outlined above. Any BSP content areas that receive the maximum possible score will have the "Point for BSP Content Area" highlighted in green. If maximum scores are not obtained, this section will highlight in red, and the clinician should review the "Resources" tab. The "Resources" tab will highlight in red relevant resources which may be useful to the clinician. It is recommended that for any required areas that are highlighted in red on the "Resources" tab that the clinician access the resources to improve future iterations of the behavior support plan under review (and generalize the knowledge garnered to other future behavior support plans). The "Resources" tab consists of journal articles, internet resources, suggested book chapters, and links to regulations or associated guidance; when possible, resources are hyperlinked to the related digital object identifier (DOI) or related web location for ease of access. Additionally, there is a section on the BSPARI that indicates "DBHDS Reviewer Summary" that the DBHDS reviewer may use to capture key points to share with the clinician during the feedback process.

#### Training on the BSPARI and interscorer agreement:

Internally at DBHDS, any new reviewer is trained to a criterion of minimum 85% agreement with the lead author of the BSPARI on blind interscorer reviewers across 5 consecutive BSPARIs. Information on training on use the BSPARI beyond what is presented in the Scoring Instructions can be obtained by contacting the <u>lead author of the BSPARI here</u>. It is suggested that any reviewer using the BSPARI is certified as a BCBA® or BCBA-D® and has met the consulting supervisor requirements of the Behavior Analyst Certification Board®.

An interscorer review process is completed for 10% of all reviews conducted. Interscorer reviewers consist of blind reviews in which a second reviewer examines the same review documents (e.g., FBA, BSP, graphs, training information) as the primary reviewer and scores results on a blank BSPARI. Then, fidelity between the primary and secondary reviewer BSPARIs is determined via a total count interscorer as follows:

- 1. Total the number of agreements on scoring for all minimum elements and associated points provided for each BSP content area (and the overall total score)
- 2. Total the number of disagreements on scoring for all minimum elements and associated points provided for each BSP content area (and the overall total score). Add that to the total number of agreements from #1 above to arrive at total agreements + disagreements.
- 3. Divide total agreements from #1 by the total agreements and disagreements from #2. Convert this decimal to a percentage by multiplying it by 100.

There are a possibility of 83 total agreements or disagreements (69 elements evaluated, 14 point allocations).

Example: if 77 out of 83 areas were in agreement across DBHDS BSPARI reviewers, then the interscorer agreement would be as follows:

Number of agreements: 77

Number of disagreements: 6

Total number of agreements + total number of disagreements (77 + 6 = 83)

77/83 = .927  $.927 \times 100 = 93\%$  interscorer agreement

#### <u>Feedback for plan authors, required resubmissions for plans not in adherence</u>

The feedback process is intended to highlight areas of strength in behavior support plans and offer suggestions and resources for ways to improve any areas that lack adherence to the Practice Guidelines. After a BSP review and scoring, DBHDS will provide a copy of the scored BSPARI to the clinician using HIPAA compliant methods. If the score of the BSPARI is below 34 points, DBHDS requires that the clinician/provider meet with DBHDS reviewers via secure video conference to discuss the results and will provide resources and training suggestions for the clinician. DBHDS will require revision and resubmission of the behavior program if the BSPARI score is below 34 points. A date for resubmission will be agreed upon during the feedback session. Upon receipt of the revised behavior program, DBHDS will complete a full BSPARI review and will repeat the feedback process as described above. Only one revision cycle is required unless the nature of plan deficits impacts the health or safety of the person receiving services, or those that support them. Additionally, if the behavior program has a score of 34 points or above, but there are critical areas that are absent that impact health or safety, DBHDS will require revision and resubmission of the behavior program. The overarching goal of the BSPARI and the feedback process is to ensure that high quality behavioral services are delivered to all recipients of therapeutic behavioral consultation services.

### Future updates to the BSPARI

Based upon any future changes to the regulations or Practice Guidelines associated with this service, as well as updates and developments in the professional literature and within the field, DBHDS may make updates to the BSPARI and will share these updates with the behavioral community. DBHDS will review the "Resources" tab annually to ensure that linked articles are active, as well as to provide updates based on recent developments in the field.

Resources on Quality Assurance in FBA & BSP

- Browning-Wright D., Saren D., & Mayer G. R. (2013). The behavior support plan-quality evaluation guide, II. Available at: http://www.pent.ca.gov
- Habel, N., Bonaventura, S., & Deochand, N. (2024). The development of a behavior plan quality assurance instrument in a publicly funded system of care. Behavior Analysis in Practice. https://doi.org/10.1007/s40617-024-00909-1
- Kroeger, S. D., & Phillips, L. J. (2007). Positive behavior support assessment guide: Creating student-centered behavior plans. *Assessment for Effective Intervention*, 32(2), 100-112. <a href="https://doi.org/10.1177/15345084070320020101">https://doi.org/10.1177/15345084070320020101</a>
- Lewis-Palmer, T., Todd, A. W., Horner, R. H., Sugai, G., & Sampson, N. (2004). Individual Student Systems Evaluation Tool. Eugene: Educational and Community Supports, University of Oregon.
- Quigley, S.P., Ross, R.K., Field, S. & Conway, A.A. (2018). Towards an essential understanding of the essential components of behavior analytic service plans. Behavior Analysis in Practice, 11(4), 436-444. https://doi.org/10.1007/s40617-018-0255-7
- Tarbox, J., Najdowksi, A.C., Bergstrom, R., Wilke, A., Bishop, M., Kenzer, A., Dixon, D. (2013). Randomized evaluation of a web-based tool for designing function-based behavioral intervention plans. *Research in Autism Spectrum Disorders, 7*, 1509-1517. <a href="https://www.milestones.org/files/legacy/2014/04/Random-Evaluation-of-a-Web-Based-Tool-5-8-14.pdf">https://www.milestones.org/files/legacy/2014/04/Random-Evaluation-of-a-Web-Based-Tool-5-8-14.pdf</a>
- Wardale, S., Davis, F.J., Vassos, M., & Nankervis, K. (2016). The outcome of a statewide audit of the quality of positive behaviour support plans. *Journal of Intellectual & Developmental Disability*, 43(2), 202-212. <a href="https://doi.org/10.3109/13668250.2016.1254736">https://doi.org/10.3109/13668250.2016.1254736</a>
- Williams, D.E. & Vollmer, T.R. (2015). Essential components of written behavior treatment plans. *Research in Developmental Disabilities, 36,* 323-327. https://doi.org/10.1016/j.ridd.2014.10.003
- Willis, T.J., Lavigna, G.W., & Donnellan, A.M. (2011). Behavior Assessment Guide. The Institute for Applied Behavior Analysis, Los Angeles, CA.