	Virginia Department of Behavioral Health & Developmental Services
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Common Healthcare Abbreviations

ADL	activities of daily living	OBRA	Omnibus Budget Reconciliation Act	
am	morning	oz	ounce	
ax	axillary (armpit)	OOB	out of bed	
b.i.d.	two times a day	ОТ	occupational therapist	
BM	bowel movement	Р	pulse	
B/P	blood pressure	peri care	perineal care	
cath	catheter	PPE	personal protective equipment	
CHF	congestive heart failure	PCP	primary care physician	
CNA	certified nursing assistant	prn	when necessary, as needed	
c/o	complains of	PT	physical therapist	
COPD	chronic obstructive pulmonary disorder	q2h	every 2 hours	
CPR	cardiopulmonary resuscitation	q.h.	every hour	
CVA	cerebrovascular accident, stroke	qid	four time a day	
DME	durable medical equipment	R	respirations	
DNR	do not resuscitate	rehab	rehabilitation	
DON	director of nursing	RN	registered nurse	
Dx, dx	diagnosis	ROM	range of motion	
ER	emergency room	rt	right	
ft	foot	SOB	shortness of breath	
h, hr	hour	stat	immediately	
hs	hours of sleep	STD	sexually transmitted disease	
H2O	water	Т	temperature	
HBV	hepatitis B virus	ТВ	tuberculosis	
ht	height	t.i.d.	three times a day	
hyper	above normal, too fast, rapid	U/A	urinalysis	
hypo	below normal, slow	URI	upper respiratory infection	
I&O	intake and output	UTI	urinary tract infection	
IV	intravenous (within the vein)	VS	vital signs	
lab	laboratory	W/C	wheelchair	
lb.	pound	wt.	weight	
LPN	licensed practical nurse			
meds	medications			
min	minute			
ml	milliliter			
mmHg	millimeters of mercury			
MRSA	methicillin resistant staph aureus			
N/A	not applicable			
NKA	no known allergies			
NPO	nothing by mouth			
O2	oxygen			
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