# **March 2023**

# **Office of Integrated Health Health Supports Network**

# The Office of Integrated Health – Health Supports Network Regional Community Nursing Meetings

"A safe space for nurses to discuss challenges, experiences, and ask questions."

## Goals

- To ensure individuals with intellectual and developmental disabilities are receiving needed services.
- To provide a forum in which nurses (and others) can discuss ideas, challenges, policy needs (e.g., health policies, which affect individuals with IDD, to bring policy needs forward.
- To provide a forum for caregivers to interact with state agency representatives, to express concerns, develop educational tools and resources, and further enhance train-the-trainer models.

# Region 1 – March 1, 2023

10am -12:00pm https://dbhds-virginiagov.zoomgov.com/meeting/register/vJlscvppjwgEhsNi0tsnTm2VAFFXFurXbk Community Nurse Leader: Kevyn Burn- kburn@wallresidences.com

Region 2 – March 15, 2023 10am - 12:00pm https://dbhds-virginiagov.zoomgov.com/meeting/register/vJlscqurT4oH9OZ7N4i4zrZ3UWfxQJ2YDk Community Nurse Leader: Beatrice Claiborne - bclaiborne@mycri.org

# **March Meetings Dates**

**Regional Nursing Meetings** will continue to be held virtually until further notice. Hybrid meetings are currently in the planning process for each region.

Region 3 – March 17, 2023 10am - 12:00pm https://dbhdsvirginia.zoomgov.com/meeting/register /vJItce6przsgG7bcXVRZdd4wYND M 5uJc-0 Community Nurse Leader: Teresa Berry - rnttb1@aol.com

Region 4 – March 13, 2023 11am - 1:00pm https://dbhds-virginiagov.zoomgov.com/meeting/register/vJIsdOgrTovHW JovE9lg0EB1j4DPk9bdo Community Nurse Leader: Jeannette Gholson- jigholson.thc@gmail.com

Region 5 – March 27, 2023 10am - 12:00pm https://dbhds-virginiaaov.zoomaov.com/meetina/register/vJltfumug TksGrD-8ji6ELf12ZqJITOSe7g Community Nurse Leader: Marcia A. Lindsay-Brothers - mbrothers@chesapeakeibh.net

# March 2023 Meeting Agenda Virtual Meeting Platform:

 In cooperation with VDH Guidance on COVID-19 relating to group gatherings, the Regional Nursing Meetings will continue to be held in ZoomGov. You must register to receive the meeting URL link, password, and phone access to the meeting. Registering using the links above prior to the meeting date is recommended to avoid technical issues the day of the meeting. Tentative hybrid meetings are in the planning stages for each region.

## **Presentation:**

 This month David Wilson, the OIH-HSN Physical Therapist (PT), Certified Wound Care Specialist (CWS) and Assistive Technology Professional (ATP) will be giving a presentation on how a PT, or an Occupational therapist (OT) can help with improving home safety for the individual with DD by performing a risk assessment, evaluating strength and balance to develop a physical activity plan, and how to recognize safety risks.

#### Issues and Concerns Relevant to each Region:

 Open Group Discussion. Please feel free to share general issues or concerns you may be having, to obtain suggestions, resources, and feedback from others. The meeting is a safe and supportive place for those providing care to individuals with IDD. Please do not share any personal health information about any individual.

# Monthly CNE Opportunity: OIH - HSN Health & Safety Alert Review and Discussion:

 This month's CNEs topic is Home Health & Safety Alert with quiz/evaluation. To receive 1 FREE CNE, you must attend the meeting and return the quiz/evaluation by email, fax, or text. Just scan or take a picture of your completed quiz with your smart phone, and text or email it to your regional RNCC, with your name and email address clearly displayed. Your CNE certificate will be emailed directly to you.

#### NOTE: Anyone can attend the Regional Nurses Meeting of their choice. You do not have to attend the Regional Nursing Meeting where you work or reside. Simply register with the link provided to attend.

## The Office of Integrated Health – Health Supports Network Registered Nurse Care Consultants

Tammie Williams: Community Nursing Education Lead- tammie.williams@dbhds.virginia.gov

Christine Kocher: christine.kocher@dbhds.virginia.gov Katherine Rice: Katherine.rice@dbhds.virginia.gov

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# Regional Nursing Meeting Virginia Department of Behavioral Health & Developmental Services

# **March 2023**

# **Office of Integrated Health Health Supports Network**

# 🔆 🄆 🄆 🎋 Spring 2023 OIH - HSN Training Sessions 🛛 🔆 🄆 🧏 🧩 The Fatal Seven – Tuesday, April 11, 2023, between 1:00 p.m. – 3:00 p.m. Everything you need to know about common health conditions which can become fatal for individual with DD. Register in advance for this meeting: https://dbhds-virginia-gov.zoomgov.com/meeting/register/vJltdO2sgTMsE9EWVZzMsPie6GxWeudZxHM Vital Signs – Thursday, April 13, 2023, between 1:00 p.m. – 3:00 p.m. Everything you need to know about taking a set of vital signs to include the blood pressure, temperature, pulse, and oxygen level. Register in advance for this training: https://dbhds-virginia-gov.zoomgov.com/meeting/register/vJlsdOmggDksH1p7yTt-kd1JO c6-ZlsQSM VDH Special Needs Oral Health – Tuesday, April 18, 2023, between 10:00 a.m. – 12:30 p.m. Everything you need to know about dental care for individuals with developmental and intellectual disabilities. Register in advance for this training: https://us06web.zoom.us/meeting/register/tZUgfu6urzljEtxliBPQmjWVaG9ItCZrKzO Urinary Tract Infections (UTI's) – Thursday, April 20, 2023, between 1:00 p.m. – 3:00 p.m. Everything you need to know about urinary tract infections (UTIs), signs & symptoms, treatments, and complications. Register in advance for this meeting: https://dbhds-virginia-gov.zoomgov.com/meeting/register/vJlsceyhqzwoH9dBvkqhlxD7p5b9v\_yx4V8 After you register and are approved to attend, you will receive a confirmation email with the link and password to join the training on the day of the course. The link should be added to a calendar for easy access the day of the training.

Don't forget many OIH-HSN training sessions are available 24 hours a day/7 days a week on the Virginia Commonwealth Learning Center (COVLC) website for "FREE". All Virginia state provider agencies, and their employees are eligible to create free accounts to access trainings. To request an account contact Kieana Bobbitt at kieana.bobbitt@dbhds.virginia.gov.

My Care Passport is a great tool for helping unfamiliar hospital staff, doctors, dentists, nurses, healthcare specialist, care staff, supervisors, and everyone else who needs to know more about an individual with intellectual and developmental disabilities (DD). This fillable Microsoft word document can be completed with everything from A to Z about the unique needs of an individual and carried with them to the hospital, and other appointments.



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Other great tools for hospital admissions are the Waiver Tip Sheet which educates hospital staff about the Medicaid waiver system. The Discharge Tip Sheet which explains what is required by agency providers when an individual is discharged. And the Consent Tip Sheet which lets hospital staff know who they can share information with and why it's important for the health and safety of the individual with DD. Find all of these tools and more on the **DBHDS OIH-HSN website** 

https://dbhds.virginia.gov/office-of-

integrated-health/



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- · Are tax-advantaged, so earnings grow tax-free when used for qualified disability expenses · Can accept contributions from anyone.
- · Include online account management tools and a mobile app

The total annual contribution limit to an ABLE account increased to \$17,000 in 2023

ABLEnow accounts are a valuable tool that may eliminate the need to spend down funds to maintain eligibility for benefits. With no enrollment fee and no minimum contribution, open an account today and see the difference ABLEnow can make.

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