### SUBSTANCE ABUSE SERVICES COUNCIL

October 20, 2022 - 1:00 – 3:00 P.M. Physical Location: Virginia Association of Community Services Boards (VACSB) 10128 West Broad Street #B Glen Allen, Virginia 23060

> Senator John Bell, Chair Victor McKenzie, Jr., Secretary

Meeting participants:

Virtual: Mike Fatula- VADOC Janice Aldridge- DBHDS Katie Crumble- ABC Senator Jennifer Boysko Jessica Lee- VADOC Don McCourtney- DBHDS Katie Boyle- VACO Chuck Wilcox- NAADAC Marjorie Yates- Lightworks Recovery In-person: Senator John Bell- Council Chair Angela Weight-DBHDS Julie Truitt- DBHDS Dr. Carolyn Hawley- VCU Amira Turner- VCU Tony McDowell- Opioid Abatement Authority Marty Kilgore- VFHY Ashley Harrell-DMAS Art Mayer- DJJ Dr. Peter Breslin Steven Wade- VDSS Leslie Egen- VDCJS Brie Juarez- Community representative Sharon Brown- DMV Charlene Motley- VASAP Victor McKenzie, Jr.- Council Secretary, SAARA Sandy O'Dell- CSBs, Planning District One Nathanael Rudney, DBHDS Adam Rosatelli- Opioid Abatement Authority Mike Zohab, DBHDS Frank Bellanger, Community representative, Starfish Recovery Susan Morrow- VA Drug Courts John Saunders- DMV Becky Bowers-Lanier, SAARA, VARC

I. WELCOME AND INTRODUCTIONS.....John Bell, Senator, Chair Attendance: We ask that each member share his/her role on the council and how long he/she has served

#### II. Review of Minutes from January 11, 2022 (No Quorum) and June 28, 2022

Meeting.....John Bell, Senator, Chair Minutes for January 11<sup>th</sup> and June 28<sup>th</sup>. Moved and seconded. Unanimously approved.

#### III. Old Business

None

#### IV. New Business

A. Presentation-Problem Gambling & Treatment - from Dr. Carolyn Hawley & Amira Turner (Slide show presented)

Senator Bell wants all money gained from gambling to be audited. Many people coming in for gambling addictions are also involved in SUD. Discussed the history of gambling in Virginia. The VACPG is a part of the national center for problem gambling. It aims to raise public awareness for problem gambling. Gambling was legalized in 1988; other historical slides presented.

Skill based machines were banned, then re-allowed by Gov Northam as a form of Covid relief. They are now running unregulated while the case is in court. This is a big problem. They are in places they were never intended to be. First casino opened in Bristol. Five have been approved across Virginia. Is gambling good/bad for the economy?

80 to 90% of people gamble. Regulations are trying to be put in place that show how much you've lost/won, only allowed to gamble a certain number of hours, etc. Please keep your eyes open to different shops that are promoting/holding gambling machines, because many have not been approved.

Sen. Bell asked if a convenience store makes more money on the machines, is it then considered a gambling establishment or convenience store?

These gambling machines need to be properly regulated and tested, which they are currently not.

In 2021, there was \$44 billion earned. Lottery in VA earned \$3.26 billion in sales. Historical horse racing, like Rosies, had \$3.3 billion in wagers.

Virginia has the problem gambling line. Dr. Hawley went over exactly how they interact with people who have called, including call backs, safety issues, financial issues, etc. 74% of the callers are the gamblers themselves, versus their families. 20% of callers are family members/loved ones of the person gambling.

2021, most popular types of play: slot machines in casinos. There are multiple categories listed on the slide. 88% of callers in one month had no gambling, 71% reduced their debt, 79% had accessed help resources.

People need to be trained to deal with people who problem gamble. Many people who are trained in addiction feel they are parallel trained to deal with the gambling aspect of addiction. They are looking for people who can be crossed trained. Peer support is the first line to point the person to the right direction.

They are offering extensive training for problem gambling worth 30 CEU's.

SOR Funding; had to remove some items from the last 4 years. Only need to hear from 3 grantees out of about 60. Sustainability is an issue after this year. Funding should be received by Nov 15<sup>th</sup>. For those fighting for funding, tell how the grant helped, who it helped, what would happen if you did not have that grant.

Draft of Annual Report discussed. Copy to be sent out, please edit as needed.

B. Overview of Membership & Roster Trying to get an idea of what positions are filled.

C. Planning for the rest of the year and topics to consider Suboxone being able to be filled at pharmacies. Not all pharmacies willing to fill it, especially in SW Virginia. Get a pharmacist or someone from DEA to come speak. Online pharmacies being a problem.

## V. Next Meeting – suggested date December 1, 2022

VI. Public Comment (5-minute speaking limit) Frank Bellanger – congratulated successes from last year. HB 277 Push for non-government organizations for NGOs, continue to support VARR

# VII. Adjournment