



Virginia Department of  
Behavioral Health &  
Developmental Services

# Training Center Closures

March 16, 2016

Virginia Department of Behavioral Health  
and Developmental Services

# Training Center Closure Information

- In June 2011 the 5 Training Center Census was 1084
  - CVTC 381
  - NVTC 198
  - SEVTC 123
  - SVTC 241
  - SWVTC 181
- DBHDS has greatly enhanced its community service system consistent with the requirements of the SA and has closed 2 of the 4 training centers
- SWVTC is scheduled to close by June 2018
- CVTC is scheduled to close by June 2020
- SEVTC will remain open with the capacity to serve 75 individuals

# Virginia's Training Centers Current Census

## March 16, 2017

Name	June 2011	2012	2013	2014	2015	2016	Current	% Decrease 2000 - Present
<b>Southside (SVTC)</b> Closed 2014	242	197	114	0	0	0	0	100%
<b>Northern (NVTC)</b> Closed 2016	157	153	135	107	57	0	0	100%
<b>Southwestern (SWVTC)</b> Closure date: 2018	181	173	156	144	124	98	76	58%
<b>Central (CVTC)</b> Closure date: 2020	381	342	301	288	233	192	162	57%
<b>Southeastern (SEVTC)</b> Stays open at 75 beds	123	104	84	75	69	65	70	43%
<b>TOTAL</b>	<b>1,084</b>	<b>969</b>	<b>790</b>	<b>614</b>	<b>483</b>	<b>355</b>	<b>308</b>	<b>82%</b>

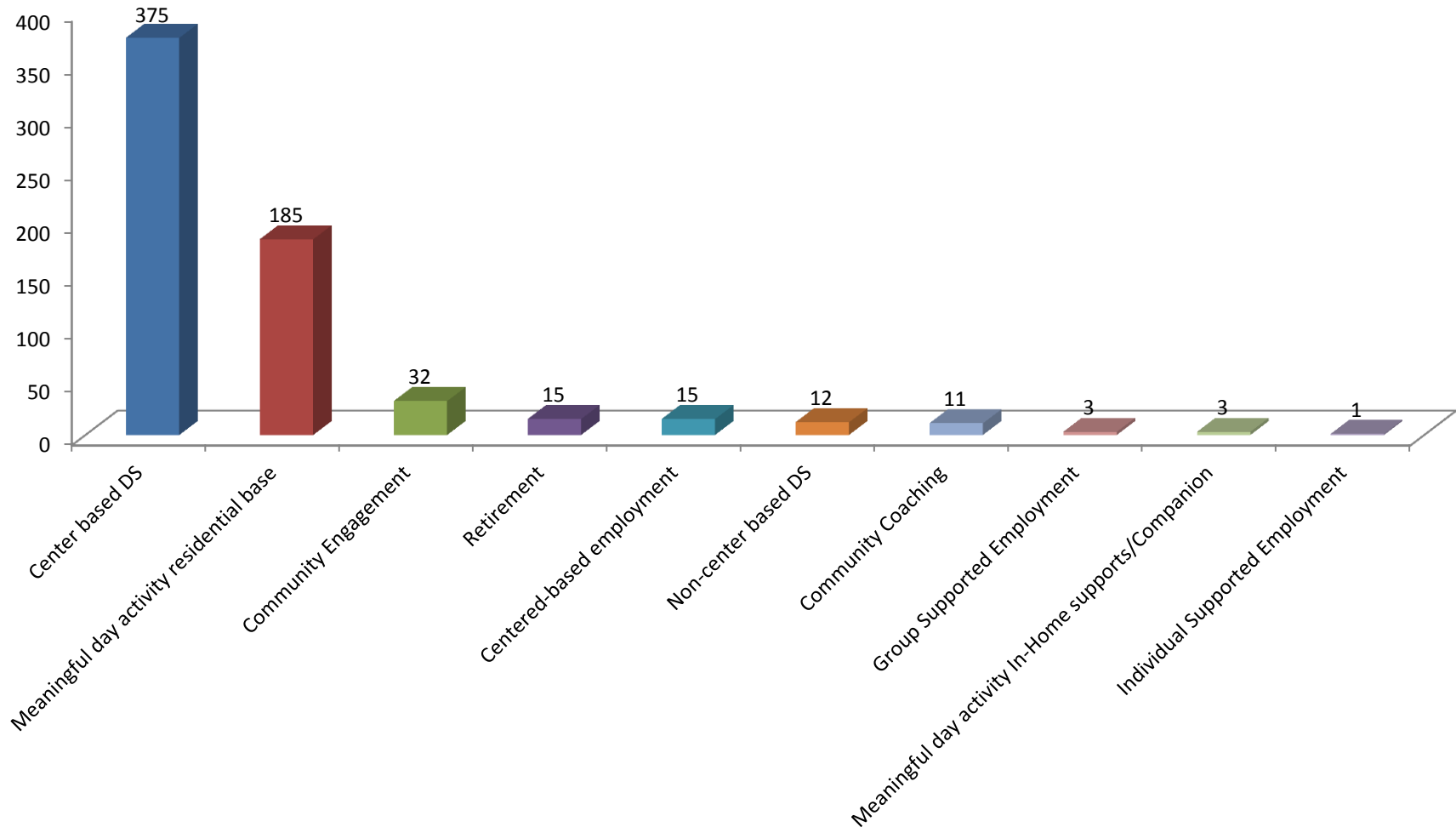
# Types of Community Homes Chosen October 1, 2011 – March 16, 2017

Type	Number
Group Home 4 or less Beds	238
Group Home 5 or more Beds	215
Sponsored Residential	45
ICF* 4 Beds	26
ICF 5 or more Beds	59
ICF Transferred to Another TC	23
Nursing Facility	33
Family Home	5
Interstate Transfer	5
Leased Apartment	1
State Facility	1
Hospital/Hospice Care	1
<b>Total</b>	<b>652</b>

\* ICF = Intermediate Care Facility

# Training Center Discharges Day Activities

## Day Activities



# Featured Success Story

- William “Billy” Dunn and Family



# William “Billy” Dunn

- **Health/behavior support concerns** Billy has several medical concerns that require monitoring by a nurse. He needs staff that are proficient in following plans specifically developed to meet his medical needs. His home had to be large enough to accommodate specialized equipment.
- **How have these concerns been improved?** Billy lives in a group home that provides 24 hour nursing care. With nurses on staff 24 hours a day, Billy is able to quickly get medical assistance as soon as it is needed. His home was renovated by Wall Residences with his medical and equipment needs taken into consideration. The home has large spacious bedrooms, bathrooms and common areas.
- **How has the transition into the community improved the individual’s life and relationship with their family?** Billy’s family has been actively involved in visiting him at his home. He has met some relatives he had not seen in many years and some for the first time. He had 18 family members attend his 65<sup>th</sup> birthday party. Everyone had a great time.
- **What has the individual experienced while being in the community (employment, vacations, and responsibilities)?** Billy takes pleasure in showing off his room which is decorated with pictures of family and friends. He enjoys organizing his magazine collection. He loves having picnics at the local parks, visiting the fish hatchery, fishing, and going to the Lynchburg airport to watch the airplanes take off and land. He typically goes out at least one time per week shopping at Wal-Mart, River Ridge Mall, and enjoys swinging into Chick-Fil-A to grab his favorite beverage, lemonade.
- At home, Billy loves listening to music with his friends and clapping his hands to the beat of the music. Billy enjoys doing crafts with his housemates. He helps with his laundry, dusts his room, and takes his trash outside. Billy enjoys checking the mail. Billy helps with watering the flowers and caring for the small garden Deerfield has in the summer. Billy’s focus has markedly increased while trying new things and identifying things he enjoys such as internet shopping and dressing up for Halloween.

# SWVTC (Region 3) Background Information

- DBHDS Southwestern Region consists of:
  - 10 Community Services Boards (CSBs),
  - 35 counties and cities
  - Covers approximately a 270 miles radius from SWVTC
- There has been a 58 percent reduction in census at SWVTC since June 30, 2011 when their census was 181 and is now 76.
- The majority of individuals have remained within their home region (Southwestern Region).



# SWVTC Updates

- **76 Individuals remain at SWVTC**
  - 15 individuals have identified homes
  - 3 additional individuals have providers ready to support them and families are making final decisions
  - 8 individuals are actively considering their options
- **Census is expected to reach:**
  - 68 by June 30, 2017
  - 0 by June 30, 2018
- Providers to serve individuals with intensive medical and behavioral supports are in development.

# Summary of SWVTC Census and Provider Capacity Status (March 16, 2017)

## Southwestern Virginia Training Center

Closure: 2018

<b>Current Census</b>	<b>76</b>
Providers currently available in the area	15
Available beds	30
Providers in development in the area	5
Number of beds in development	56
Total number of beds that will be available by 2017	86

# SWVTC Discharges Home Types

Type	Number
Group Home 4 or less beds	34
Group Home 5 or more Beds	17
Sponsored Residential	23
ICF 4 Beds or 5 Beds	0
ICF 6 or more Beds	2
ICF Transferred to Another TC	3
Nursing Facility	0
Family Home	2
State Facility	1
Interstate Transfer	1
<b>Total</b>	<b>83</b>

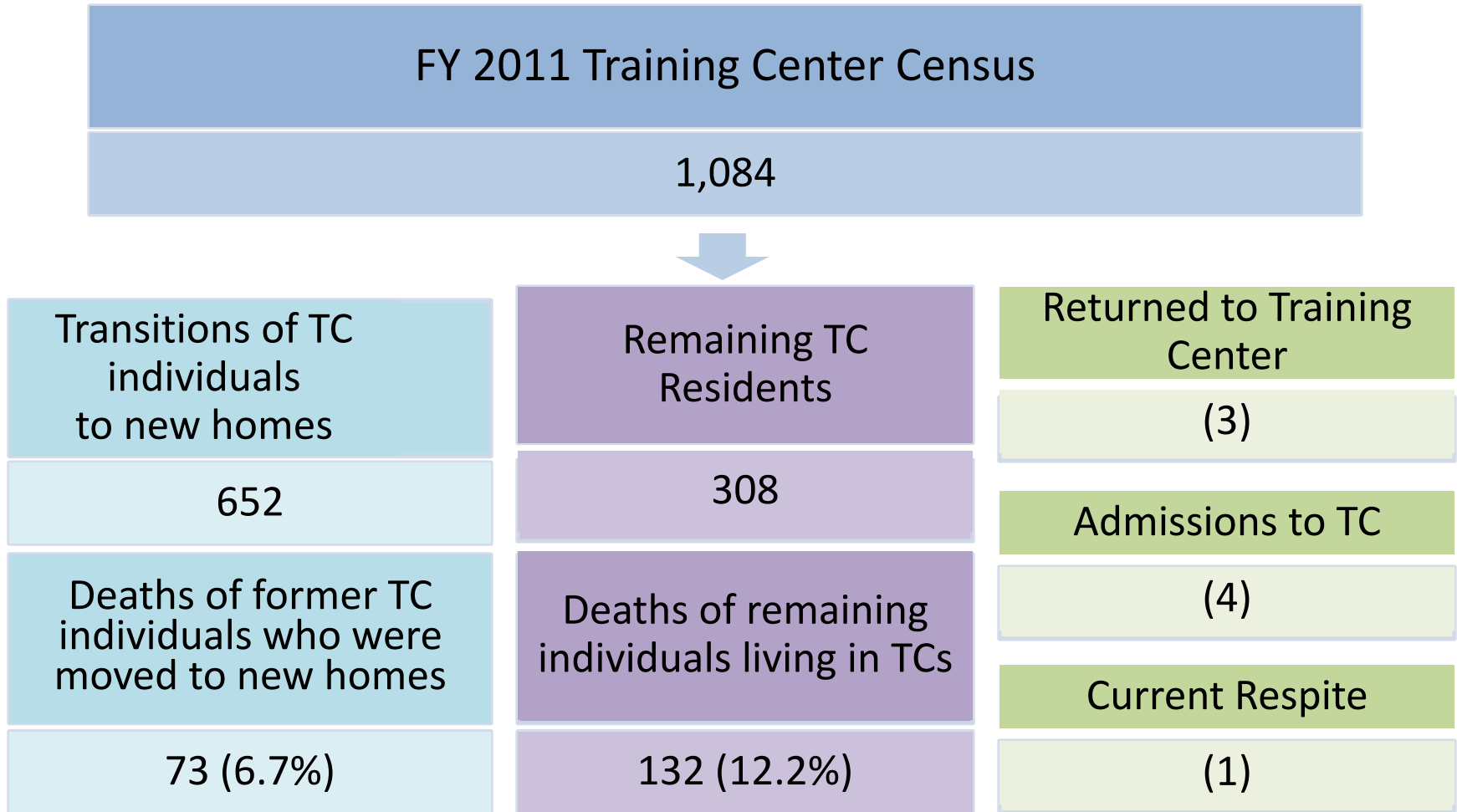
# CVTC (Western Region) Update

- CVTC is unique due to serving individuals from all regions in Virginia.
- 34 of the 40 CSBs provide case management to the residents at CVTC.
- In August, DBHDS announced the plan for decertification of nursing facility beds and reclassification to ICF beds.
- As of January 31, 2017 all beds at CVTC NF were recertified as ICF beds.
- There has been a 57 percent reduction in census at CVTC since June 30, 2011 when their census was 381 and is now 162.

# CVTC Discharges Home Types

Type	Number
Group Home 4 or less beds	49
Group Home 5 or more Beds	53
Sponsored Residential	15
ICF 4 Beds	19
ICF 5 or more Beds	7
Transferred to Another TC	5
Nursing Facility	10
Family Home	1
Interstate Transfer	3
Hospital/Hospice Care	1
<b>Total</b>	<b>163</b>

# October 2011 to March 16, 2017



**Note:** Dates above correspond to the discharge processes required by the DOJ Settlement Agreement

# 9<sup>th</sup> IR Review Comments

During the ninth review period, the Independent Reviewer completed the fifth Individual Services Review (ISR) study of the transitions of individuals who have moved from the Training Centers to live in more integrated community-based settings. The ISR study again found that the Discharge and Transition process is well organized and well documented. The individuals had settled well into their new homes. The individuals with histories of intense behaviors, in general, had fewer and less intense behavioral episodes. The individuals with intense medical needs were found to have positive health care outcomes in almost all areas that the Independent Reviewer's nurse consultants have tracked since 2012.

The discharge planning and transition processes were well organized and well documented. The selected residential providers were involved in the discharge planning process; and the residential provider staffs received training in the individuals' health and safety protocols. The Post-Move Monitor (PMM) visits occurred as expected and extra PMM follow-up visits occurred to confirm resolution if concerns were identified...

There were many positive healthcare process outcomes for virtually all the individuals studied. All individuals had a physical exam within a year and their Primary Care Physicians' and community medical specialists' recommendations were implemented within the prescribed time frames. As referenced above, however, it was uncertain where three individuals would receive dental services.

The individuals made successful transitions and had settled well into their new home environments. This theme was also documented in previous ISR studies of individuals who had transitioned from Training Centers. After living in their new homes for less than a year and, in some cases, for only three months, the reviewers found several examples of individuals with histories of problematic behaviors who now were experiencing significantly fewer and less severe incidents.